

Below are some examples of courses we deliver or have delivered. The majority of training we offer is bespoke to our clients specific needs. Please be in touch to discuss if you have a particular request and we will let you know if one of the trainers has the right expertise to meet your needs.

Courses for all Staff

Half Day

Autistic Spectrum Conditions Awareness
Diabetes Awareness
Learning disability Awareness
Supporting Adults with Learning Disabilities & Mental Health Issues
Bipolar Disorder Awareness
Dementia Awareness
Mental Health Awareness
Well-being & Recovery
Supporting People with Epilepsy Awareness
Safeguarding Adults (Care Act Compliant)
Mental Capacity Act Awareness
Equality & Diversity
Report Writing & Record Keeping
Safeguarding Adults for Managers (Care Act Compliant)
Medication Management (Dom Care & Residentail) Refresher
Reflective Practice and Self Development
Suicide Prevention

Full Day

Practical Support for People with Autistic Spectrum Conditions
Behaviour as Communication - Positive Approaches to Difficult Behaviour
Supporting Adults with Down Syndrome
Sexuality & Learning Disability
Sexuality Identity & Disability
Wellbeing & Recovery
Practical Support for People with Bipolar Disorder
Practical Support for People with Personality Disorder
Practical Support for People with Dementia
Practical Support for people with Mental Health Issues
Supporting Adults with Down Syndrome
Supporting People with Epilepsy Including Emergency Medication
Safe Medication Management in a Home Care Environment
Safe Medication Management in a Residential Environment
Practical Application of The Mental Capacity Act Including DOLS
Supporting Adults Who Are at Risk of Self Neglect (Including Hoarding)
Personal Centred Support, Planning & Reviewing
Personal Centred Planning
Personal Safety & Conflict Resolution
Professional Boundaries
Effective Communication (Includes Total Communication)
Equality & Diversity
Lone Working
Risk Management / Enablement
A Strengths Based Approach - Enabling Independence
Understanding the Care Act 2014

Courses for Professionals & Managers

Full Day

Quality Assurance

Support & Supervision Skills

Positive Performance Management - How to Manage Staff Effectively

Medication Management (Dom Care & Residential) For Managers

Mental Capacity Act for Managers and Professionals (Inc Undertaking Assessments and DoLS)

Investigative Skills for Managers (Make Enquiry)

Managing Teams, Managing People

Effective Change Management

Equality and Diversity in Practice

An Introduction to The Care Act 2015

Building Effective Teams

Preventing Harm & Managing Risk

Supporting Unpaid Carers

Safeguarding Adults for Medical Practitioners & Clinicians

The Mental Capacity Act for Medical Practitioners & Clinicians

Understanding the Mental Health Act